

THE GRILL

Lunch

Soup

Tomato Basil bisque
or
Soup of the day
Cup 6 Bowl 8

Starters

Mixed Greens 9
Caprese Salad ^{SuperFoodsRx} 12
heirloom tomatoes, fresh mozzarella, basil, arugula, balsamic vinegar
Harissa chicken wings 12
harissa wings with parsley and yogurt dip
Quesadilla 12
pecorino, pepperjack, sour cream, pico de gallo and guacamole
with chicken 14 with tenderloin asada 15
Crab cake 12
blue crab, apple coriander puree, celery, celeriac and endive
Sopes 12
traditional Mexican corn cakes with black beans tenderloin asada, cabbage, queso fresco and salsa
Calamari 12
fried calamari with spicy remoulade
Shrimp Ceviche 15
lime and lemon juice, cilantro, cucumber and avocado

Salads

Caesar Salad 18
romaine, grana padano cheese, crisp bread and caesar dressing with a choice of chicken salmon or shrimp
Chopped Chicken Salad 18
romaine, bacon, avocado, egg, bleu cheese, balsamic onions with sherry vinaigrette
Chipotle Shrimp Salad 19
tomato, onion, romaine, avocado with lime and olive oil dressing
Chinese Chicken Salad 18
chicken, green cabbage, napa cabbage, cilantro mandarin slices and wontons

Flatbread Pizzas

Margherita 14
mozzarella, tomato and basil
Greek 15
tomato, olives, onions, feta and mozzarella
Mexican 15
black bean spread, tenderloin asada, bell peppers onions and jalapenos
Build your own 15
choice of 3 - Pepperoni, sausage, pancetta pineapple, tomatos, mushrooms, bellpeppers onion, olives or jalapeno

Sweets

Warm apple tart 9
served A la mode
Chocolate molten 9
berry sauce and vanilla ice Cream
Red berry opera 9
strawberry coulis and mint
Ice cream 8
vanilla, chocolate or strawberry
Seasonal berries ^{SuperFoodsRx} 8

Sides

Garlic parmesan fries 8
Sweet potato fries 8
Jasmine rice 8
Asparagus ^{SuperFoodsRx} 9

Sandwiches

choice of fries, soup, salad or fruit
Soup and 1/2 sandwich 12
chef's daily sandwich
All natural turkey BLT ^{SuperFoodsRx} 14
with lemon mustard aioli
Chicken panini 14
with tomato, pesto and parmesan
Market vegetable wrap ^{SuperFoodsRx} 14
with mozzarella on whole wheat wrap
Grill burger 15
brioche bun, tomatoes, onions, lettuce, choice of cheese
French dip 15
ciabatta, roasted rib eye, swiss cheese
Blackened Mahi Mahi 16
on toasted asiago bread
Grilled cheese 14
on toasted asiago bread

Tacos

Chicken Adobo 12
cabbage and mango salsa
Tenderloin Asada 16
cabbage, chimichurri and pico de gallo
Shrimp 14
baja style with coleslaw and chipotle cream
Lobster 18
baja style with coleslaw and chipotle cream

Entrees

Chicken linguini 19
tomatoes, garlic, shallots, artichoke hearts bacon, white wine, butter and basil with shrimp 20
Enchiladas Suizas 16
chicken confit, salsa verde, asiago cheese with cilantro rice and black beans
Whole wheat spaghetti ^{SuperFoodsRx} 19
broccoli, tomatoes, mushrooms, edamame shallots, garlic, marinara, parmesan
Salmon ^{SuperFoodsRx} 26
jasmine rice with mango & avocado salsa
Shrimp & Mussels 26
kaffir coconut, red curry and coriander sauce with jasmine rice
Penne Bolognese 20
penne in meat sauce, grana padano
Steak Frites 22
steak and french fries with bernaise sauce

^{SuperFoodsRx} SuperFoodsRx dishes specifically pair whole foods to boost their nutritional benefits and their flavors. Antioxidant-rich and naturally low in calories, SuperFoods are known to improve well-being and longevity.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

15% automatic gratuity will be added to a group of six or more