

## MORNING BREAK

*Break service is continuous for 30 minutes. A minimum of (20) guests is required.\**

### **MID MORNING COFFEE REFRESH**

freshly brewed starbucks® coffee, decaf, and tazo® teas 10

### **COFFEE AND COCOA BAR**

to include freshly brewed regular and decaffeinated starbucks® coffee and hot chocolate served with fresh whipped cream, shaved chocolate, cinnamon sticks, marshmallows and crystal sugar stirrers 13

### **BEVERAGES AND A SNACK**

freshly brewed starbucks® coffee, decaf, and tazo® teas, assorted soft drinks and homemade oatmeal superfood bars 16

### **ALL DAY BEVERAGE (up to 8 hours)**

freshly brewed starbucks® coffee, decaf, and tazo® teas, assorted soft drinks and bottled waters 20

### **ON THE HEALTHY SIDE**

individual greek yogurt parfait with homemade granola, honey and fresh berries, healthy start muffins served with assorted fruit smoothies, freshly brewed starbucks® coffee, decaf, and tazo® teas 20

### **MORNING TEA**

assorted home baked scones, honey butter and preserves, soft banana nut bread and cucumber finger sandwiches, freshly brewed starbucks® coffee, decaf, and tazo® teas 20

### **UPLIFT**

open faced petite tea sandwiches with smoked salmon, avocado and chives on whole grain bread, red and green apple wedges with bee pollen yogurt dip, whole roasted almonds, served with mixed citrus smoothies of orange, mango and cranberry, freshly brewed starbucks® coffee, decaf, and tazo® teas

20

### **RESTORE**

Bittersweet 74% dark chocolate chips and popcorn 'tutti frutti' with walnuts, almond, raisins, raisins and apricots, minted orange and green apple salad with a of cinnamon yogurt served with fresh watermelon aqua fresca, freshly brewed starbucks® coffee, decaf, and tazo® teas

21

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### **ENHANCEMENTS**

#### **CHILLED JUICES**

orange, apple, cranberry or grapefruit  
~per pitcher 27

#### **HOME STYLE LEMONADE OR CITRUS FRUIT PUNCH**

~per gallon 55

**THE WESTIN**  
LONG BEACH

*All food and beverage prices are subject to 14% service charge and 9.75% state sales tax (subject to change without notice).*

## ***ENHANCEMENTS, Continued***

### ***ASSORTED INDIVIDUAL CARTONS OF MILK***

~each 5

### ***MILK***

whole, 2%, skim, almond or soy

~per pitcher 27

### ***REGULAR AND DIET SODA AND BOTTLED WATERS***

~each 4.5

### ***STARBUCKS® BOTTLED FRAPPUCINO***

~each 5

### ***RED BULL® REGULAR AND SUGAR FREE***

~each 5

### ***GATORADE***

assorted flavors

~each 5

### ***ASSORTED BOTTLED NAKED JUICES***

~each 6



SuperFoods are known for being health-enhancing and rich in antioxidants and phyto-nutrients. "These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy, vigorous and vital."

- Dr. Steven Pratt, author of SuperFoods Rx. 14 Foods That Will Change Your Life

**THE WESTIN**  
LONG BEACH

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## AFTERNOON BREAK

*Break service is continuous for 30 minutes. A minimum of (20) guests is required.\**

### **AFTERNOON REFRESH**

freshly brewed starbucks® coffee, decaf and tazo® teas 10

### **COFFEE AND COCOA BAR**

to include freshly brewed regular and decaffeinated starbucks® coffee and hot chocolate served with fresh whipped cream, shaved chocolate, cinnamon sticks, marshmallows and crystal sugar stirrers 13

### **AFTERNOON PICK ME UP**

assorted homemade cookies and starbucks® coffee, decaf, tazo® teas and assorted soft drinks 18

### **SWEET TOOTH**

homemade dark chocolate bark, mini powdered donuts served with a shot of milk and starbucks® coffee, decaf, tazo® teas and assorted soft drinks 20

### **ALL DAY BEVERAGE (up to 8 hours)**

freshly brewed starbucks® coffee, decaf, and tazo® teas, assorted soft drinks and bottled waters 20

### **MAKE "YOUR" TRAIL**

make your own trail mix with homemade popcorn, all natural granola made with assorted dried fruits, dark chocolate pieces and roasted nuts  
assorted seasonings to top (cinnamon sugar, cajun spice and classic sea salt)  
served with mini smoothie shots, freshly brewed starbucks® coffee, decaf, and tazo® teas 22

### **TEX MEX**

mini chicken and beef taquitos with guacamole, sour cream, salsa, cheese  
mini churros, horchata and freshly brewed starbucks® coffee, decaf, and tazo® teas 22

### **RESPITE**

petite sandwiches of natural roast turkey and edamame on whole grain bread, selected local vegetable crudités, black bean humus and garlic confit for dipping served with assorted fruit smoothies and freshly brewed starbucks® coffee, decaf, and tazo® teas 22

### **RENEW**

chocolate chip and pumpkin chocolate chip cookies served alongside dried apples, apricots, prunes and raisins, whole almonds, walnuts and cashews  
pomegranate orangeade and hot apple cider, freshly brewed starbucks® coffee, decaf, and tazo® teas 22

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LONG BEACH

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## **ENHANCEMENTS**

### **FRESHLY BREWED REGULAR AND DECAFFEINATED STARBUCKS® COFFEE AND TAZO TEAS®**

~per gallon 70

### **FRESHLY BREWED ICED TEA**

~per gallon 70

### **HOME STYLE LEMONADE OR CITRUS FRUIT PUNCH**

~per gallon 55

### **RED BULL® REGULAR AND SUGAR FREE**

~each 6

### **GATORADE**

assorted flavors

~each 5

### **REGULAR AND DIET SODA AND BOTTLED WATERS**

~each 5

### **ASSORTED BOTTLED NAKED JUICES**

~each 7

### **STARBUCKS® BOTTLED FRAPPUCINO**

~each 6

### **STARBUCKS® DOUBLE SHOT ESPRESSO**

~per can 6

### **ASSORTED WHOLE FRESH FRUIT**

~per dozen 36

### **SLICED FRESH SEASONAL FRUIT**

~per person 9.5

### **HOMESTYLE FRESH BAKED COOKIES**

chocolate chip, cinnamon oat raisin, white chocolate macadamia and peanut butter cookies

~per dozen 48

### **GLUTEN FREE COOKIES**

~per dozen 50

### **RICH CHOCOLATE BROWNIES AND BLONDIES**

~per dozen 48

### **CHOCOLATE DIPPED COCONUT MACAROONS**

~per dozen 48

### **CHOCOLATE DIPPED STRAWBERRIES**

~per dozen 50

### **ASSORTED SUN CHIPS OR KETTLE CHIPS**

~each 5



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